

= HOT DRINKS =

	12oz	16oz	20oz
House Blend.....	\$2.15	\$2.90	\$3.65
Dark Roast	\$2.15	\$2.90	\$3.65
Decaf	\$2.15	\$2.90	\$3.65
Renegade Blend	\$3.75	\$4.50	\$5.25
<i>(Coffee with Extra Caffeine)</i>			
Keto Coffee.....	\$4.25	\$5.00	\$5.75
<i>(Coffee Blended with MCT Oil, Butter & Heavy Cream)</i>			
Café au lait.....	\$2.75	\$3.50	\$4.25
London Fog	\$2.75	\$3.50	\$4.25
<i>(Earl Grey Tea with Vanilla & Steamed Milk)</i>			
Indian Fog.....	\$2.75	\$3.50	\$4.25
<i>(Masala Chai Tea with Coconut & Steamed Milk)</i>			
Hot Tea		\$2.50	
Hot Cocoa.....	\$2.75	\$3.50	\$4.25
Milk Steamer	\$2.75	\$3.50	\$4.25
<i>(Steamed Milk with Any Flavor Add In)</i>			

= COLD DRINKS =

	16oz	20oz	24oz	32oz
Cold Brew Coffee	\$2.75	\$3.65	\$4.50	\$5.75
Iced Tea & Botanicals	\$2.00	\$2.50	\$3.00	\$3.00
<i>(Black, Peach Black, Kiwi Strawberry Green, Blood Orange Green, Very Bery Hibiscus)</i>				
Lemonade.....	\$2.25	\$2.75	\$3.25	\$4.25
<i>(Raspberry, Strawberry, Watermelon, White Peach, Blackberry, Prickly Pear, Cherry, Mango, Blue Raspberry)</i>				
<i>Add Flavors \$0.75</i>				

= ON TAP =

	16oz	20oz	24oz
Nitro Coffee.....	\$5.00	\$6.00	\$7.00
CBD Infused Nitro Cold Brew	\$8.00	\$9.00	\$10.00
Kombucha	\$5.00	\$6.00	\$7.00



RENEGADE

noun | ren-e-gade | \ˈre-ni-gād\

Definition: An individual who rejects lawful or conventional behavior in a rebelliously unconventional manner.

Origin: Spanish renegado, from Medieval Latin renegatus, from past participle of renegare to deny, from Latin re- + negare to deny

= RED BULL INFUSIONS =

16oz \$5.99 24oz \$7.99 32oz \$11.99

Classic

(Original or Sugar Free Red Bull Infused with Cherry & Lime)

Down Under

(Original or Sugar Free Red Bull Infused with Kiwi & Watermelon)

Bulldog

(Original or Sugar Free Red Bull Infused with White Peach & Mango)

Raspberry Bomb

(Red Bull Blue Edition Infused with Raspberry & Blackberry)

POG Juice

(Red Bull Yellow Edition Infused with Passion Fruit, Orange & Guava)

Skinny Sunset

(Sugar Free Red Bull infused with SF Peach & SF Raspberry)

Cactus Juice

(Original or Sugar Free Red Bull infused with Prickly Pear & Green Apple)

Beach Breeze

(Red Bull White Edition infused with Blue Raspberry & Coconut)

Make Your Own

(Choose any Red Bull & Flavor to infuse)

= SPECIALTY DRINKS =

Available Hot or Iced

	S	M	L	XL
Doppio	\$2.40			
Americano	\$2.40	\$3.15	\$3.90	\$5.90
Latte	\$3.75	\$4.50	\$5.25	\$7.25
Flavored Latte	\$4.50	\$5.25	\$6.00	\$8.00
Cappuccino	\$4.00	\$4.75	\$5.50	
Flat White	\$4.00	\$4.75	\$5.50	
Caramel Macchiato	\$4.75	\$5.50	\$6.25	\$8.25
Cookies & Cream Latte	\$4.50	\$5.25	\$6.00	\$8.00
Mocha	\$4.50	\$5.25	\$6.00	\$8.00
Blackberry White Mocha	\$5.00	\$5.75	\$6.50	\$8.50
Turtle Mocha	\$5.00	\$5.75	\$6.50	\$8.50
(Toffee Nut & Chocolate)				
Smores Mocha	\$5.00	\$5.75	\$6.50	\$8.50
(Toasted Marshmallow & Chocolate)				
Pistachio White Mocha	\$5.00	\$5.75	\$6.50	\$8.50
Bananas Foster Latte	\$5.00	\$5.75	\$6.50	\$8.50
(Caramel, Banana & Macadamia Nut)				
Chai Tea Latte	\$4.25	\$5.00	\$5.75	\$7.75
Matcha Green Tea Latte	\$4.25	\$5.00	\$5.75	\$7.75
Chagaccino	\$6.25	\$7.00	\$7.75	\$9.75
(Chaga Mushrooms, Cocoa, Cinnamon & Monk Fruit)				

= FRAPPES =

	S	M	L	XL
Latte Frappe	\$4.00	\$4.75	\$5.50	\$7.50
Flavored Latte Frappe	\$4.75	\$5.50	\$6.25	\$8.25
Mocha Frappe	\$4.75	\$5.50	\$6.25	\$8.25
Blackberry White Mocha Frappe	\$5.15	\$5.90	\$6.65	\$8.65
Turtle Mocha Frappe	\$5.15	\$5.90	\$6.65	\$8.65
(Toffee Nut & Chocolate)				
Smores Mocha Frappe	\$5.15	\$5.90	\$6.65	\$8.65
(Toasted Marshmallow & Chocolate)				
Pistachio White Mocha Frappe	\$5.00	\$5.75	\$6.50	\$8.50
Bananas Foster Frappe	\$5.00	\$5.75	\$6.50	\$8.50
(Caramel, Banana & Macadamia Nut)				
Chai Tea Frappe	\$4.75	\$5.25	\$6.00	\$8.00
Matcha Green Tea Frappe	\$4.75	\$5.25	\$6.00	\$8.00
Cookies & Cream Frappe	\$4.75	\$5.50	\$6.25	\$8.25
Elvis		\$7.49	\$8.50	\$10.99
(Espresso, Chocolate, Banana, Peanut Butter & Whey Protein)				
Foof	\$5.50	\$6.25	\$7.00	\$9.00
(Caramel, Vanilla, Extra Espresso)				
Matcha APB	\$5.50	\$6.25	\$7.00	\$9.00
(Matcha Green Tea, Acai, Pomegranate & Blueberry)				

ICED
DRINKS
ONLY

= EXTRAS =

Flavor Shots Additional \$0.75	
Vanilla	Pistachio
Caramel	Green Apple
Hazelnut	Prickly Pear
Raspberry	Macadamia Nut
Irish Creme	Blue Raspberry
Toffee Nut	Banana
Almond	Pomegranate
Chocolate	Cranberry
White Chocolate	Mango
Blackberry	White Peach
Coconut	Lime
Cinnamon	Cherry
Lavender	Kiwi
Rose	Watermelon
Peppermint	Strawberry

Pumpkin Spice

Passion Fruit/Orange/Guava

Sugar Free

Vanilla	Peach
Caramel	Blackberry
Hazelnut	Chocolate
Raspberry	Pomegranate
White Chocolate	Strawberry
Mango	

Non-Dairy \$0.75

Almond Milk	Coconut Milk
Oat Milk	Soy Milk

CBD Boost \$3.00

Espresso Shot \$0.99



= SMOOTHIES =

	S	M	L	XL
BerryBerry Blast (Strawberry, Wildberry & Raspberry)	\$6.25	\$7.50	\$9.00	\$11.50
Very Peach (Peach)	\$6.25	\$7.50	\$9.00	\$11.50
Peachy Apple (Peach & Apple)	\$6.25	\$7.50	\$9.00	\$11.50
Saber Cat (Strawberry & Pineapple)	\$6.25	\$7.50	\$9.00	\$11.50
Tropical Escape (Peach, Mango, Pineapple & Coconut)	\$6.25	\$7.50	\$9.00	\$11.50
Wild Side..... (Wildberry, Orange & Passion Fruit)	\$6.25	\$7.50	\$9.00	\$11.50
Sonoran Sunrise..... (Pineapple & Cherry)	\$6.25	\$7.50	\$9.00	\$11.50
Worlds Best! (Strawberry & Banana)	\$6.25	\$7.50	\$9.00	\$11.50
Sassy Surprise (Strawberry, Orange & Passion Fruit)	\$6.25	\$7.50	\$9.00	\$11.50
Protein BLAST! (Peanut Butter, Banana, Whey Protein, Honey & Almond Milk)	\$7.00	\$5.25	\$9.75	\$12.50
Refuel You (Wildberry, Amino Repair, Spinach & Kale)	\$7.00	\$5.25	\$9.75	\$12.50
Super Foods (Acai, Pomegranate, Blueberry, Spinach, Kale, Almond Milk & Whey Protein)	\$7.00	\$5.25	\$9.75	\$12.50
Rebel (Almond Milk, Whey Protein, Wildberry, Banana, Spinach & Kale)	\$7.00	\$5.25	\$9.75	\$12.50
Make Your Own..... (Choice of Strawberry, Wildberry, Peach, Apple, Mango, Orange/Passion Fruit, Cherry, Pineapple, Acai/Blueberry/ Pomegranate, Coconut)	\$6.25	\$7.50	\$9.00	\$11.50



|| ADD INS ||

\$0.75

Milk
Yogurt
Peanut Butter
Spinach & Kale

Almond Milk
Soy Milk
Oat Milk
Coconut Milk

|| BOOSTS ||

\$1.25

Antioxidant
Energy
Immunity
Probiotic
Multi Vitamin
Whey Protein

Pea Protein
Amino Repair
Trim & Fit
Clarity
Relaxation

CBD BOOST

\$3.00



= BREAKFAST =

Meat Choices: Bacon, Ham, Sausage, Turkey, Chorizo, Roast Beef or Chicken

Burrito\$5.25
(10" Tortilla with Scrambled Eggs, Cheese & Choice of Meat or Veggies. Side of Salsa)

- Grilled\$0.49
- Smothered in Sausage Gravy.....\$0.99
- Add Veggies or Potatoes.....\$0.99

Monster Burrito\$9.99
(14" Tortilla with Scrambled Eggs, Cheese, Veggies, Potatoes, Sour Cream, Jalapenos, & Your Choice of Meat.)

- Grilled\$0.49
- Smothered in Sausage Gravy.....\$0.99

Egg Bowl.....\$5.99
(Scrambled Egg, Cheese & Your Choice of Meat)
Add Veggies or Potatoes \$0.99

Avocado Toast.....\$5.50
Gluten Free Bread Add \$1.50

Deluxe Avocado Toast\$7.25
(Avocado Spread with Bacon & Tomato)
Gluten Free Bread Add \$1.50 • Add Egg \$1.99

Yogurt Cup.....\$5.00
(Served with Fresh Fruit & Granola)

Breakfast Sandwiches
(Scrambled Eggs, Cheese & Your Choice of Meat Served On)

- Biscuit.....\$5.75
- Multigrain or Sourdough\$5.75
Gluten Free Bread Add \$1.50
- Pretzel Bun\$6.75
- Bagel.....\$6.50
Gluten Free Add \$1.50 • Keto Add \$2.75
- Croissant.....\$7.50

The Ultimate\$8.75
(Scrambled Eggs, Bacon, Swiss, Provolone, Spinach, Red Pepper Aioli on a Pretzel Bun)

Biscuits & Gravy

- Single\$4.75
- Double\$8.50
- Add Eggs\$1.99

Acai Bowl\$9.25
(Acai, Banana, Strawberries, Granola, Honey)

Steel Cut Oats\$6.50
(Choice of Toppings: Almonds, Walnuts, Fruit, Honey, Granola, Brown Sugar or Peanut Butter)

= BAKED GOODS =

Muffins.....\$3.85
(Blueberry, Chocolate Chip, Honey Raisin Bran or Cran Orange)

Scones\$3.85
(Blueberry, Chocolate Chip or Cran Orange)

Cinnamon Roll.....\$4.25

Cookies\$3.15
(Chocolate Chip, Oatmeal Raisin or Peanut Butter)

Bagel\$3.75
(Plain, Wheat, Cinnamon Raisin or Everything)
Gluten Free Add \$1.50 • Cream Cheese Add \$0.75

Danish\$4.50

Coffee Cake\$4.50

Keto Double Chocolate Donut\$4.25

Keto Lemon Ricotta Scone\$3.50

Keto Muffin\$6.50
(Lemon Poppyseed or Coffee Cake)

Keto Bagel\$4.25
(Everything or Hatch Green Chili)

Vegan Blueberry Muffin.....\$4.50

Vegan Gluten Free.....\$5.00

Banana Chocolate Muffin

Vegan Scones.....\$3.75
(Lemon Raspberry or Banana Chocolate Chip)

Vegan Cinnamon Roll\$4.50

Vegan Gluten Free\$4.50

Lemon Olive Oil Loaf

Vegan Gluten Free Banana\$5.00

Pecan Muffin

= APPETIZERS =

Chips & Salsa.....	\$4. ²⁵
Add Guacamole *0. ⁹⁹ • Add Cheese Sauce \$1. ⁵⁰	
Add Sour Cream \$0. ⁹⁹	
Nachos	\$6. ⁹⁹
(Chips with Cheese, Guacamole, Sour Cream, Tomatos & Jalapenos) Add Choice of Meat \$2. ⁰⁰	
Quesadilla.....	\$6. ⁰⁰
Add Choice of Meat \$2. ⁰⁰	
Pretzel Bites.....	\$6. ⁵⁰
(Served with Spicy Mustard or Cheese Sauce)	
Veggie Tray (Served with Ranch Dressing) ...	\$4. ⁵⁰
Fruit Cup	\$4. ⁵⁰

= PANINIS (GRILLED) =

All Served with Chips & Pickle Spear on Your Choice
of Sourdough, Multi Grain or Wrap

Avocado Add \$0.⁹⁵ • Gluten Free Bread Add \$1.⁵⁰

Turkey & Cheddar Melt	\$10. ⁷⁵
(Turkey, Cheddar, Spinach, Red Onion & Red Pepper Aioli)	
Roast Beef Melt.....	\$11. ⁷⁵
(Roast Beef, Provolone, Mushrooms, Tomato & Red Pepper Aioli)	
Ham & Swiss Melt	\$10. ²⁵
(Deli Mustard)	
Turkey Cordon Bleu.....	\$10. ²⁵
(Turkey, Ham, Swiss, Spinach & Honey Mustard)	
Tuna Melt	\$10. ⁷⁵
(Tuna & Cheddar)	
Veggie Melt	\$10. ²⁵
(Spinach, Mushrooms, Tomato, Red Onion, Provolone & Red Pepper Aioli)	
Grilled Cheese	\$7. ²⁵
(American Cheese)	
Deluxe Grilled Cheese.....	\$10. ²⁵
(American, Cream Cheese, Tomato & Avocado)	
Spicy Chicken Bacon Melt.....	\$11. ⁷⁵
(Cheddar, Red Onion, Jalapenos & Spicy Cholula Aioli)	

= SOUPS & SALADS =

Chicken Caesar	\$9. ²⁵
(Romaine Lettuce, Chicken, Parmesan Cheese)	
Kale Cranberry Walnut	\$9. ²⁵
(Kale, Mixed Greens, Carrots, Cranberries, Walnuts with Italian Dressing)	
Add Chicken \$2. ⁰⁰	
Bacon & Spinach.....	\$9. ⁷⁹
(Spinach, Bacon, Carrots, Red Onion, Mushrooms with Balsamic Dressing)	
Asian Chicken.....	\$8. ⁹⁹
(Mixed Greens, Cabbage, Red Onion, Asian Noodles, Chicken, Carrots with Asian Dressing)	
Tuna Salad Stuffed Tomato.....	\$8. ⁹⁹
Soup of the Day Cup \$4. ²⁵ Bowl \$5. ²⁵	
(Ask for Today's Selection)	

MAKE ANY SALAD A WRAP

= SANDWICHES =

All Served with Chips & Pickle Spear on Your Choice
of Sourdough, Multi Grain or Wrap

Avocado Add \$0.⁹⁵ • Gluten Free Bread Add \$1.⁵⁰

Roast Beef & Cheddar	\$11. ⁵⁰
(Lettuce, Tomato & Mayo)	
Turkey & Provolone	\$10. ⁵⁰
(Lettuce, Tomato & Mayo)	
Ham & Swiss	\$10. ²⁵
(Lettuce, Tomato & Deli Mustard)	
Cranberry Croissant	\$12. ⁰⁰
(Turkey, Cranberry, Mayo, Lettuce & Tomato)	
Tuna	\$10. ²⁵
(Lettuce & Tomato)	
BLT	\$12. ⁵⁰
(Mayo)	
Club	\$12. ⁰⁰
(Turkey, Ham, Bacon, Lettuce, Tomato & Mayo)	
PB & J	\$8. ⁰⁰
Veggie Sandwich	\$10. ⁰⁰
(Lettuce, Spinach, Tomato, Cucumber, Red Onion & Red Pepper Aioli)	